



# The Person-centred Counselling Primer: A Steps in Counselling Supplement

By Pete Sanders

PCCS Books. Paperback. Book Condition: new. BRAND NEW, The Person-centred Counselling Primer: A Steps in Counselling Supplement, Pete Sanders, The new "Counselling Primer" series from PCCS Books, supplementary to the bestselling "Steps in Counselling" series, is suitable for beginners and higher level students who want a succinct boost to their knowledge of a particular area. "Counselling Primers" bridges the gap between introductory, intermediate and diploma level courses, each book providing a concise overview of a particular counselling approach. The perfect essay resources or a springboard for further study. "The Person-Centred Counselling Primer" by popular author Pete Sanders is the first in the "Counselling Primers" series, comprising 120 pages of essential information in Sanders' approachable and encouraging style. This book presents an unparalleled, comprehensive description of person-centred counselling in the twenty-first century. Personality theory, motivation, therapy theory, non-directivity and the process of change are all covered in Pete Sanders' easy and accessible style. It is written for: students requiring: comprehensive introductory text for initial person-centred training, input for comparative essays and therapeutic approaches on integrative courses, a theory bridge between introductory and certificate/diploma level texts. It is useful for anyone requiring a concise, understandable yet authoritative guide to person-centred counselling theory...



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