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## Sannyasa: Cultivating Spiritual Awareness (Yogadrishti Series)

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By Swami Niranjanananda Saraswati

Yoga Publications Trust (Bihar School of Yoga), Munger, India. Paperback. Book Condition: New. "Sannyasa is not initiation, sannyasa is not renunciation, but cultivation of the right samskara so that one may live a life of dharma". The Yogadrishti (Yogavision) series of satsangs consists of discourses given by Swami Nrnjanananda Saraswati in Munger as part of the new phase of sannyasa life that he has embarked upon since 2009. Sannyasa was the theme of the satsangs Swamiji gave in January 2011 at Ganga Darshan, after returning from the programs held for the first anniversary of Sri Swami Satyananda's mahasamadhi at Rikhiapeeth. Illustrating the ideals of sannyasa through Sri Swami Satyanananda's life, Swamiji takes on a journey to the origins, traditions and essence of this path, and provides a sequential approach by which it can become a practicable lifestyle. The satsangs culminate with a glimpse into the mandate and aspirations of Sannyasa Peeth. Printed Pages: 111. Size: 14 Cms x 22 Cms.



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